

Florida Heart Associates FMO ONLY 938-2065

You have been scheduled for a Cardiac PET Test at _____ on _____.

1. **No caffeine for 12 hours prior to the test.** This includes all coffee, tea, sodas and chocolate, **even if they are decaffeinated.** Coffee that is labeled “decaf” can have a substantial amount of caffeine in it.
2. Testing takes approximately 1.5 hours.
3. Early morning patients (8:00am-12:00pm): do not eat or drink the morning of the test except water. You may have sips of water up to the time of your exam.

Sessions between (12:30pm-4:30pm): you may eat a light breakfast up to 6 hours before your appointment time. **If you are diabetic, you may eat up to 6 hours before your appointment time.** You may have sips of water up to the time of your exam.

4. You will be allowed to have a snack and a drink after your stress portion is done. Bring a snack if you desire. Coffee and cold drinks will be provided. You will be able to leave after this period.
5. Wear a short-sleeved buttoned shirt. A loose fitting shirt is also acceptable. Wear pants or shorts, **NO DRESSES.**
6. Avoid wearing metal buttons, or snaps on the shirt. Females should avoid wearing bras with underwires, slips or long undergarments. Let the technologist know if you wear a breast prosthesis.
7. Bring a jacket or sweater if you desire. The department is cool.
8. **PLEASE NOTE:** Pregnant women, babies and children under the age of 18 will not be allowed in the nuclear waiting room. Please make other arrangements for someone to care for them.
9. **PLEASE NOTE:** If you are here for multiple tests they will be done per the scheduled time and you may be here longer.

A nurse will call you 72 hours in advance to review these instructions and discuss your medications. If we reach your voicemail, you will be required to call back to confirm your appointment. If you fail to confirm your appointment, you will be removed from the schedule.

If you need to cancel your appointment, please call at least 24 hours in advance to avoid a \$125.00 isotope wastage fee. If you miss your appointment an additional \$40 will be charged.